

A Culinary Tale

A fun message about food waste
set to music for children to sing

Text and music by Judy Lane



A Culinary Tale

Mister Lettuce, he sat shivering,
He'd been in the fridge all day.
Left over from a salad lunch,
He feared he'd be thrown away.
On the shelf below sat Pasta Pete.
He feared the selfsame fate.
Together they hatched a cunning plot,
To end up on a plate.
The gifted pair both looked around
To see what they could make.
They voted for the perfect dish,
A delicious Pasta Bake.
Helped by onions, tomatoes and a slice of ham,
They jumped into a bowl.
They stirred around with a little cheese,
Some cabbage and a stale bread roll.
Can you believe the wondrous smell
That greeted a hungry four.
They hardly could believe their eyes
When they opened the oven door.
The lesson from this story, friends,
Is easy to relate.
Don't send your food to a landfill tip,
When it should be on your plate,
When it should be on your plate, on your plate.

A Culinary Tale

Leggiero

♩ = 116

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Children's
Voices

Piano

1

mf

Mis— ter

3

5

Let - tuce, he sat shi - ver - ing, He'd been in the fridge all day. Left

3

9

ov - er from a sal - ad lunch, He feared he'd be thrown a - way. On the

3

13
shelf be - low sat Pas - ta Pete. He — feared the self - same fate. — To —

17
geth - er they hatched a cun - ning plot, To — end up on a plate. The —

rit.

a tempo

21
gif - ted pair both looked a - round To — see what they could make. — They —

Some of Judy Lane's other songs and instrumental music for school children and junior choirs

This music is useful for concerts, assemblies and parents evenings, or just as a way of introducing some wonderful poetry. Easy to sing with easy piano accompaniment, some use percussion, cello, flute or recorder.

POEMS

Sea Fever

An atmospheric setting of that wonderful poem by John Masefield.

Four Animal Poems

The Donkey - G K Chesterton. **The Bells of Heaven** - Ralph Hodgson (optional cello accompaniment).

On A Cat Ageing - Sir Alexander Gray. **Mice** - Rose Fyleman.

Silver

Another totally atmospheric setting of this poem by Walter De La Mare.

The Peace Pipe

A through setting for solo voice from Henry Wadsworth Longfellow's 'The Song Of Hiawatha'.

The Owl And The Pussy-Cat

Edward Lear's famous nonsense poem - This piece is for children to sing with piano accompaniment. Easy learn, easy sing, easy play and lots of fun.

The Robin

With words by Judy, this song describes a robin who sits on the garden wall and sings as she plays her piano.

MUSIC WITH A MESSAGE

Head Up Shoulders Back

Fun song with optional actions, but also a serious health message - that 'Department is Important'.

A Culinary Tale

This fun song for school children is about the very topical subject of food waste. "Don't send your food to a landfill tip when it should be on your plate".

The Hare And The Tortoise

A junior school adaptation of Aesop's famous Fable which children, singing as a group, will love.

INSTRUMENTAL

The Peaceful Dove

A calm, easy piece for 2 violins and piano, ideal for an end of term concert or just for enjoyment.

The Stately Swan

Serene like the swan with continuous unseen paddling, this is an easy piece for 2 violins and piano. Again ideal for an end of term concert or just for enjoyment. Other instruments could replace the violins - for instance flutes.

The Robin

An instrumental version of the children's song above. This easy piece for piano and 2 violins can also be for piano and flutes and is ideal for an end of term concert

MUSICALS

The Pied Piper Of Hamelin

Adapted from Robert Browning's version of the famous legend, this 40-minute musical with a happy ending can include non singing children dressing up as Rats and Children and maybe a willing Dad singing the part of the Mayor.

The Garden

A musical based on the story 'The Selfish Giant' by Oscar Wilde. It is told effectively in words and music and is an ideal end of term performance lasting approx. 40 minutes. The production lends itself to either a concert or stage presentation.

CHRISTMAS

The Magic Sleigh Ride

The Magic Sleigh Ride is an easy piece for all children to learn and play in the classroom. An opportunity for a class to have fun making music

See opposite page for more school children's Christmas music

What the critics say:

"Judy's music is like a Breath of Fresh Air!" -*Stephen Carleston*

"Excellent vocal range covered - ideal for young developing voices" -*Fiona Chrissydes*

"Judy has a flair for setting words to singable melodies" -*Malcolm Pearce*

"Clever 2-part writing, ideal for children beginning to sing in parts" -*Fiona Chrissydes*

Church music for choirs, junior choirs, school choirs and soloists by Judy Lane

Christmas

Come With Us To Bethlehem

An award winning easy two part carol, inviting the listener to travel to Bethlehem following the star, with all the wonder of the biblical story.

The Christmas Journey

A Christmas musical presentation for Primary Schools. The Christmas Journey offers a framework for presenting the Nativity Story containing new music along with old favourites. Every child would be able to take part in the music or tableau presentation and the audience will love being able to join in.

The Birthday

'The Birthday' is a new Christmas song for children. It begins with the excitement of the preparation for a modern Christmas, leading on to the real meaning of our Christian festival.

Ring Out The Bells

An easy 2-part Christmas song.

Christmas Is For Giving

A song portraying a real life event of local community collecting money throughout the year and handing it over at Christmas time to a local charity. Piano accompaniment with tambourines or bells

The Beatitudes

A beautiful setting of these Biblical words with antiphonal presentation.

Spring

A musical setting from chapter 2 of 'The Song of Solomon'.

Welcome

A song with heart warming words specifically to welcome a new baby - very appropriate as part of a Baptism Service.

Only Remembered

A moving award winning hymn using Ira Sankey's words, paying tribute to fallen soldiers - ideal for Memorial Day or Veterans Day services. Includes a congregational version as well as full SATB parts

Jerusalem To Jericho

A musical presentation of the 'Parable of the Good Samaritan' for a junior choir.

Lighten Our Darkness

An award winning setting of the comforting words from Evensong, which introduces very easy part singing.

Lift Up Your Hearts

This 2-part choral piece is a musical setting of words ascribed to St Gregory.

The Donkey

G K Chesterton's poem set to music - Very appropriate for Palm Sunday.

For more information including sample score pdfs and to hear piano accompaniments, visit www.judyланемusic.com

[Low cost digital download music scores available]

email: tony@judyланемusic.com

Judy Lane - LRAM, ARCM, GRSM, studied at The Royal Academy Of Music. She taught for many years, but now puts all her energies into composing music for children and church music. She has been twice winner of the Lennox Berkeley Cup in the open composition class of the Oxford Music Festival. Her moving hymn, 'Only Remembered', was the winner of a competition commissioned in the UK. The hymn is a setting of Ira Sankey's famous words commemorating fallen soldiers.